

# WESTFRESH CATERING

ORDER ONLINE – OR Email orders to [info@westfresh.com](mailto:info@westfresh.com) or Call us @ 650-941-9888

## **CLASSIC HOT DISHES** **\$16pp**

Sample dishes, menu is open to seasonal changes, served with vegetable crudo, most dishes here are naturally gluten free.

**Chicken & Mushroom Marsala**, served with Roasted herbed potatoes, seasonal vegetables.

**Lemon Roasted Chicken with artichoke hearts and white wine**, served with saffron rice pilaf, seasonal roasted vegetables.

**Honey Roasted Chicken**, served with mashed potatoes, seasonal vegetables,

**Chicken Mole**, served with Spanish rice, vegetable crudo

**Chicken with tomato curry**, saffron basmati rice, lentil chana,

**Creamy Chipotle Chicken**, steamed rice, corn salsa

**Caribbean coconut curry chicken**, peas n rice, plantains

**Jerk Chicken**, jerk dipping sauce, jollof rice, spicy slaw

**Jerk Chicken** jerk dipping sauce, macaroni and cheese, cornbread

**Creole Chicken**, Red beans n rice, spicy slaw, cornbread

**Jambalaya** (Cajun spicy sausage, chicken, red beans n rice, sauteed vegetables)

**Hawaiian Style barbecue Chicken** with grilled pineapples, steamed rice

**Classic meat lasagna** served with Italian greens, garlic piadina

**Chicken lasagna Florentine** served with Italian greens, garlic piadina

**Vegetable Lasagna Florentine** served with Italian greens, garlic piadina

**Italian Meatballs Pomodoro**, served with pasta penne, seasonal vegetables

**Baked chicken parmesan**, penne pasta pomodoro, seasonal vegetables

**Pasta Primavera**, seasonal vegetables baked pasta pomodoro, garlic piadina

**Sicilian Baked Pasta** spicy sausage, meatballs, peppers, baked pasta, seasonal vegetables

**Roast Beef with natural au juice**, garlic roasted potatoes, seasonal roasted vegetables,

**Beef Teriyaki** with grilled pineapples, served with steamed rice, seasonal vegetables.

**Beef Chili**, award winning chili, side of cheese, onions and jalapenos, corn bread

**Baked Salmon with sesame soy and ginger drizzle**,

**\$20**

served with brown rice, steamed vegetables,

**Baked Salmon Pisto**, served with rosemary potatoes, grilled asparagus

**\$20**

## **PLANTBASED**

**\$16**

Served with vegetable crudo, seasonal vegetables,

**Vegetables Napoleon** -layers of roasted seasonal vegetables, served with saffron rice pilaf.

**Stuffed Peppers** saffron rice-quinoa-yellow lentils/minced herbs-tomato sauce.

**Vegetarian Enchiladas** –sauce Verde or mole poblano.

**Curried Vegetables**, organic tofu, eggplants, potato, carrots, zucchini, peppers, spicy, steamed rice

**Minimum of 4 of the Same Item- Minimum order for pick up or delivery \$120** items subject to change due to availability. additions, substitutions, or requests for custom menus may incur additional charges. pricing may be adjusted to account for service style, headcount, and delivery location.

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## **EMPANADA MEALS**

**\$14**

authentic recipes, served with crudo, Indian style spicy cilantro mint chutney and spicy sweet chili sauce

## **MEAT EMPANADAS**

**BEEF PICADILLO** Filled with spiced ground beef, Jack cheese.

**TURKEY PICADILLO** Filled with lean ground turkey, Jack cheese and spices.

**JAMON Y QUESO** ham, cheese, onions, eggs, potatoes.

**ESPINACA VEGETARIAN** eggs, sautéed spinach, red onions, cheese, potatoes

**CHORIQUESO**, Chorizo, potatoes, cheese, **VEGETARIAN.**

**VEGETARAIN** spiced potatoes, lentil basmati rice, onions, peas, peppers, **VEGAN.**

## **ENTRÉE SALADS**

**\$14**

Served with piadina

**Harvest Salad** Poached and seasoned chicken breast, mixed baby green leaves, roasted yams, wine-soaked cranberries, apples, served with balsamic dressing on the side.

**Mediterranean Chicken Salad** Organic baby greens, tomato, cucumber, olives, peppers, chickpeas, feta cheese, served with lemon mint dressing.

**Chinese Chicken Salad** chopped kale and mixed greens, carrots, scallions, cilantro, crispy noodles, cashews, sesame-Ginger Vinaigrette.

**Chicken Cobb Salad** Mixed green leaves seasoned and poached chicken breast strips, eggs, bacon, tomato, blue cheese, served with avocado dressing.

**Chicken Caesar Salad**, mixed baby greens, romaine hearts, garlic croutons, Caesar dressing on the side.

**Niçoise Salad** Albacore tuna salad, fresh organic eggs, green beans, olives, minced shallots, Boston lettuce, side of lemon & olive oil dressing,

**Vegetarian Fiesta Salad**, Organic mixed greens, tomatoes, shredded cheese, cucumber, red onions, olives, avocados, black beans, corn salsa, house salsa dressing on the side.

## **Vegan Summer Salad**

**\$16**

Mixed green leaves, roasted yams, cranberry, quinoa, acini-di pepe, cannellini beans, chopped apricot, side of lemon mint dressing.

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## **SANDWICH BOXES** \_\_\_\_\_ **\$14**

We Use Organic Whole Grain, Buttermilk Sliced or Italian Bread, Served with Our House Salad, Crudo Of Seasonal Chopped Vegetables,

### **SANDWICH OPTIONS**

**Turkey**, swiss Cheese, lettuce, tomato,

**Turkey BLT** turkey, Jack cheese, bacon, lettuce, tomato

**Chicken salad**, chicken breast, mayo, lettuce, tomato,

**Roast Beef** & cheddar, tomato, lettuce, on Italian

**Ham & Swiss** tomatoes, Lettuce, Dijon mustard and mayo

**Tuna Salad**, albacore white tuna salad, mayonnaise, tomato, lettuce

**Vegetarian** avocado, cucumber, tomatoes, greens, red onion, sliced cheddar

**Vegan**, roasted portobello mushrooms, lettuce & tomato, gremolata

## **WRAP BOXES** \_\_\_\_\_ **\$14**

Served with Fresh Made House Salad, crudo of seasonal chopped vegetables,

### **WRAP OPTIONS:**

**VEG Mediterranean** Avocado, hummus, cucumber, tomatoes, feta, olives, pepperoncini, spinach tortilla.

**VEG Falafels** organic mixed baby greens, hummus spread, tomatoes, pepperoncini, side of tahini sauce.

**Turkey Club Wrap**, bacon, lettuce, tomato, cheddar,

**Chinese chicken salad wraps** julienned carrots, sweet tender greens, cilantro, scallions, cucumber, sesame ginger dressing, toasted sesame seeds,

**Chicken Caesar wrap**, romaine hearts, parmesan cheese, Caesar dressing, spinach tortilla

## **GRILLED SANDWICHES AND MELTS** \_\_\_\_\_ **\$14**

Organic wheat, buttermilk sliced, sourdough, Jack, cheddar, provolone,

**Three Cheese** Classic Melt on sourdough sliced.

**Italian Melt**, Ham, salami, pepperoncini, spinach and cheese,

**Bacon Cheddar Melt**,

**Hot Pastrami & Cheese**,

## **QUESADILLAS** \_\_\_\_\_ **\$14**

Served with salsa and vegetable crudo –

**Mushroom, scallions, roasted potatoes**

**Spinach, red onion, cheese**

**Beef, sweet peppers, onion, cheese**

**Chicken, sweet peppers, onion, cheese**

### **ADDONS**

Assorted Chips \$ 2 each

Sodas or bottled water \$ 2 each

Small Cookies / Brownie bites \$ 2 each

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## DESSERT

<b>50/50 Chocolate- chocolate chip Cookie</b>	<b>\$ 2</b>
<b>Snickerdoodle cookies</b>	<b>\$ 2</b>
<b>Caramel Chocolate brownies</b>	<b>\$ 4</b>
<b>Mini Black and white cup cakes</b>	<b>\$ 4</b>
<b>Lemon Bars shortbread crust</b>	<b>\$ 4</b>
<b>Fresh Strawberries with Caramel Sauce and Chocolate brownie</b>	<b>\$ 5</b>
<b>GLUTEN FREE DESSERTS chocolate banana brownie</b>	<b>\$ 4</b>

## BARBECUE PICNIC STYLE BOXED MEALS, ALSO AVAILABLE FAMILY STYLE

### CARIBBEAN STYLE PICNIC \$25

Jamaican Jerk Chicken with Mango Pineapple Salsa  
Hawaiian Honey Glazed Pork Ribs  
Caribbean Black Beans Spicy  
Corn Bread  
Spicy Cabbage Slaw

### HAWAIIAN STYLE BARBECUE \$25

Pork Ribs Sweet Papaya & Mango  
Chicken Pineapple Soy ginger  
Steamed Rice  
Macaroni and cheese  
Vegetable Slaw

### SUNSET GRILL \$26

Grilled Chicken with House BBQ  
Tri-tip  
Baked Bean  
Steamed Corn  
Chopped vegetable slaw  
Corn Bread

**Available for vegan- gluten free,** Braised Tofu, Pineapple soy ginger

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**BREAKFAST** Served with fruit and berries, individually packed.

**\$14pp**

**FRENCH TOAST** vanilla and orange zest, cream, nutmeg, served with Maple syrup.

**PANCAKE** maple syrup, butter.

**EGG FRITTATA** cheese, spiced potatoes, red onions, 2 sausage or 2 bacon strips.

**VEGETARIAN Florentine FRITTATA sauteed** spinach, mushrooms & cheese.

**LOX & BAGEL**, lox, cream cheese, cucumber, tomatoes.

**BREAKFAST SANDWICHES** served with fruit and berries.

**VEGETARIAN** cream cheese spread, organic wheat bread, avocado, hardboiled eggs, tomato.

**HAM & SWISS CHEESE** soft white with Dijon mustard.

**BREAKFAST EMPANADAS** served with side of salsa, fruit, and berries

**JAMON Y QUESO** ham, cheese, onions, eggs, potatoes.

**ESPINACA VG** eggs, sautéed spinach, red onions, cheese, potatoes.

**BREAKFAST QUESADILLA**

**QUESADILLAS** eggs, bacon, cheese, potatoes & sweet onions, served with salsa verde.

## Ala Carte

**minimum order 4 per item**

**YOGURT PARFAIT**, Greek yogurt, granola, berries

**\$ 6**

**FRESH FRUIT AND BERRIES CUP**

**\$ 8**

**BACON CRISP 2 STRIPS**

**\$ 4**

**BAGEL & CREAM CHEESE**

**\$ 5**

**HARDBOILED EGGS**

**\$ 2**

**SAUSAGE CHICKEN APPLE SAUCE**

**\$ 4**

**BEVERAGES**

**COFFEE - REGULAR AND DECAFF OR TEA- SINGLES**

**\$ 5**

**SODAS, BOTTLED WATERS**

**\$ 2**

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**PLEASE PLACE YOUR ORDERS AT LEAST 48 hours PRIOR TO THE DELIVERY.**

Place Your Order by EMAIL USING OUR FORM ONLINE @westfresh.com or email us [info@westfresh.com](mailto:info@westfresh.com)

Telephone orders Office: 650-941-9888

OR cell: 619-0228

Minimum of \$120 Per Delivery | Tax and Delivery Fee will Apply.

**Changes to your order, please call us @ 650-619-0228 or 650-941-9888**

**Substitutions Westfresh** Catering reserves the right to substitute items including but not limited to food and flowers that become unavailable in the market or that exceed reasonable market prices. Westfresh will make best effort to notify the client of such substitution(s) if time allows.

**Changes and Cancellation:** Cancellation must be received by 10 a.m. one business day before the event. Cancellation fee on the same day cancellation is 50% of the total order.

## **ALL ITEMS AVAILABLE FOR DELIVERY IN FAMILY STYLE FOR YOUR UPCOMING GATHERING**

We offer custom Menus and can accommodate most dietary needs.

**Discount applies for Schools, nonprofits & health providers.**

### **IMPORTANT MESSAGE TO OUR VALUED CLIENTS:**

Adapting and adhering to all guidelines that are set forth by the CDC as well as local health officials, the safety of our staff and clients are of the utmost importance. We are committed to doing whatever it takes to protect the wellbeing of our community. While we have always adhered to the highest of cleanliness and food safety standards, it is important to share our report card.

We have always adhered to strict personal hygiene training with every member of our staff. The number one rule in the kitchen has always been cleanliness and hygiene. Proper handwashing, proper dishwashing, and storing and prepping food is imperative, and we take this seriously, ensuring staff is knowledgeable and follows thoroughly. Washing hands after every task and each break time and avoid touching their face. Wearing a proper uniform, gloves, masks are routine. Always stay home if you feel you may be suffering from any sort of contagious symptoms. Health and safety have always been and will remain to be at the forefront of us.

Following the recent outbreak of Covid-19 we implemented additional cleaning and disinfecting through the work area, premises as well as our vehicles. We are following <https://www.sccgov.org/sites/cpd/Pages/cpd.aspx> guidelines and recommendations, limiting the number of staff present, several deep cleaning throughout the day, masks, and gloves always, temperature checks too.

**We look forward to the opportunity to serve you.**

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